



READINGS

AKASHIC RECORDS (45 minutes)
Irma Haggith: Sat., Mar. 17 Apr. 21
\$65 (\$55)*

The Akashic Records are said to be the "blueprint" of your "lives". They can provide guidance about who you are, why you are here and what you are meant to be doing to fulfill your life purpose. They also reveal issues, blocks, addictions and/or limiting behaviours.

ASTROLOGY (60 minutes)
Dan Mischuk: By Appointment
\$80 (\$70)*

What does the geometry of the sky reveal about you? Make an appointment to have Dan create a custom astrology chart that will include a full interpretation and predictive forecast.

GEMSTONE (45 minutes, Gemstone Pendant)
Emylee: Sun., Mar. 4 Apr. 15
\$60 (\$50)*

Using the messages received from combining crystal cards & gemstones, Emylee will provide you with intuitive guidance & advice for your current life situation. She also works with teens & young adults.

INTUITIVE SOUL-UTIONS (60 minutes)
Sacha Williamson: Sat., Mar. 3 Apr. 7
\$80 (\$70)*

The channeled messages Sacha receives will help you gain clarity, insight, and soul-utions for your personal situations. Communication may come from Angels, Goddesses, Guides, Totems & loved ones.

LIFE PATH TAROT (60 minutes)
Heather Hill Gibson: Sun., Apr. 22
\$85 (\$75)*

Working with your Guides & Ancestors, Heather will focus on past (issues to work out in this life), present (what is happening now, including an understanding of your personality, shadows, talents, & purpose) and future (cycles of lessons & opportunities).

PSYCHIC (60 minutes)
Dorothy Clifford: Sat., Feb. 17 Mar. 10 Apr. 14
\$80 (\$70)*

Using her natural abilities as a psychic & medium, Dorothy connects with your Guides, loved ones & the Archangels to provide you with comfort and insight.

PSYCHIC MEDIUMSHIP (60 minutes)
Nicole Brake: Sat., Feb 24 Sat., Mar. 24 Sat., Apr. 28
\$80 (\$70)*

Nicole's abilities allow her to bring through messages from the spirit realm that will help you gain a better understanding of the blessings that lie hidden in your life's challenges while empowering you to reach your highest potential.

TAROT CARD (60 minutes)
Vicki Warner: Sun., Feb 25 Mar. 25 Apr. 29
\$65 (\$55)*

Is there is a pressing issue in your life right now? Do you require clarification for a current situation? Vicki will use the cards to reveal insights on the potential options that are available to consider.

Some of our Reader are available for weekday appointments as well.

HEALINGS

CRYSTAL HEALING WITH REIKI (60 minutes)
Joy Buckley: By Appointment. Thursdays. **\$70 (\$60)***
Joy combines the universal energy of Reiki with the crystalline energy of gemstones to relax & balance your physical, emotional & mental bodies while clearing blockages from your chakra centres.

CHAKRA EMPOWERMENT (75 minutes)
Linda Lee Purvis: Sun., Apr. 8
\$110 (\$95)* (some weekdays)
Discovering misalignments & blockages in your chakras can reveal much about your emotional, mental, physical & spiritual condition. Using biofeedback, your chakras will be recalibrated and auric field cleared. Recommendations for support & follow up are included.

MASSAGE, REIKI, REFLEXOLOGY (60 minutes)
Janiece Henderson: By Appointment. **\$80***
After enjoying a Reiki infused, stress-relieving back/neck/shoulder massage you will receive a relaxing Reflexology foot treatment. This will help to restore health & vitality by releasing blockages. Janiece is a RMT so receipts can be issued for your health plan.

REIKI SESSION (60 Minutes)
Kelley Gaspar: By Appointment **\$70 (\$60)***
The combination of Reiki's subtle, effective life force energy and Kelley's unique touch will assist you on all levels - physically, mentally & spiritually. You will feel tension & stress float away as you create a positive state of health & wellbeing.

REFLEXOLOGY (60 minutes)
Kelley Gaspar: By Appointment **\$60 (\$50)***
Enjoy the re-vitalizing benefits of this ancient healing practice. Reduce stress and promote systemic healing and proper circulation. Kelley's unique touch combined with subtle energy techniques allows you to relax and return to a holistic way of being.

REFLEXOLOGY WITH REIKI (60 minutes)
Lisa Parker: By Appointment **\$60 (\$50)***
Reflexology is a therapy that focuses on the reflex points of the feet to release toxins & rebalance energy in the whole body. It is a deeply relaxing treatment that promotes better health by improving circulation, strengthening the body's immune system and reducing stress & tension so the body can heal itself. Reiki, gemstones & essential oils are used too.

RESTORATIVE BODY TUNING (75 min.)
Linda Lee Purvis: Sun., Apr. 8
\$110 (\$95)* (some weekdays)
The resonant sound created with tuning forks is very effective in detecting, releasing & restoring the body's energy field. These frequencies can be combined with biofeedback, floral essences & coaching to deactivate triggers associated with archived cellular memories. The experience is relaxing, empowering and revitalizing.

SOUL-SHIFT DETOX TRILOGY (90 minutes)
Linda Lee Purvis: Sun., Apr. 8
\$130 (\$115)* (some weekdays)
This synergetic healing package of gentle but powerful techniques helps to discharge stagnant energies. Beginning with a relaxing Ionic Footbath to draw embedded toxins out of the body, followed by a Biofeedback Re-Alignment to help identify & release physical, emotional & spiritual blockages. The trip is completed with a Customized Essential Oil Blend.

CIRCLES

CHAKRA TUNE-UP
Lisa Parker: Tues., Feb. 13 Mar. 13 Apr. 10
\$18 (\$15) each 7-8:30 pm
The group will focus on a different chakra each month and practice specific exercises to clear, balance & harmonize. Dress comfortably.

CHANNELLED WRITING
Laura Buckley: Tues., Mar. 13 7-8:30 pm
\$12 (\$10)
You will practice giving and receiving verbal & written messages from Spirit. Bring paper & a pen.

CRYSTAL MEDITATION
Emylee: Mon., Feb. 12 Apr. 16 7-8:30 pm
\$12 (\$10)
Are you looking to find like-minded people to meditate with? Do you have a passion for crystals? Join us to experience the amplified intention & energy of the group while focusing on specific crystals.

HEALING & SOUND
Laura Buckley: Tues., Feb. 13 Apr 10 7-8:30 pm
\$12 (\$10)
The group will transmit healing energies to each other as well as to those at a distance and practice sound healing with singing bowls.

REIKI PRACTITIONERS'
Fay: Tues., Feb. 20 Mar. 20 Apr. 17 7-8:30 pm
\$12 (\$10) each
Reiki practitioners gather to share knowledge, ideas, techniques and group healings.

SHAMANIC HEALING
Lisa P. & Aix: Mon., Feb. 26 Mar. 19 Apr. 23 7-9 pm
\$22 (\$18) each
The energy field we create together as a group offers a profound rejuvenating experience, through sacred sounds, movement and breathing techniques.

SPIRITUAL DEVELOPMENT
Fay: Tues., Feb. 6 Mar. 6 Apr. 3 7-8:30 pm
\$12 (\$10) each
The group will discuss topics of interest, participate in exercises to enhance intuition/psychic abilities and experience the benefits of guided meditations.

WICCA
Tina Cooke: Tues., Feb. 27 Mar. 27 Apr. 24 7-9 pm
\$18 (\$15) each
The group will honour Wiccan traditions, Wheel of the Year (the eight High Holidays) and different Goddess-centered pantheons.

To hold your spot and qualify for the lower early bird fee (in brackets), all appointments must be paid in full at the time of booking. If you have to cancel less than 48 hours before your appointment you can either reschedule or receive a refund (less a 25% non-refundable deposit fee).